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RESORT ACTIVITIES 2023

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30 - 8:15	Yoga class	Yoga class	Yoga class	Yoga class	Yoga class	Yoga class	Yoga class
	(Yoga studio)	(Yoga studio)	(Yoga studio)	(Yoga studio)	(Yoga studio)	(Yoga studio)	(Yoga studio)
8:20 - 8:40	Healthy juice Mixology class (theMARKET bar)	Wellness smoothie maker (theMARKET)	Meditation (Yoga studio)	Healthy juice Mixology class (theMARKET bar)	Wellness smoothie maker (theMARKET)	Meditation (Yoga studio)	Meditation (Yoga studio)
9:30 - 9:40	Fish feeding (theMARKET)	Fish feeding (theMARKET)	► Fish feeding (theMARKET)	Fish feeding (theMARKET)	Fish feeding (theMARKET)	► Fish feeding (theMARKET)	► Fish feeding (theMARKET)
10:00 - 11:00	Boxing class (\$)	Resort tour	Cardio class (\$)	Kick boxing (\$)	Resort tour	Boxing class (\$)	Kick boxing (\$)
	(Gym room)	(Juice bar)	(Gym room)	(Gym room)	(Juice bar)	(Gym room)	(Gym room)
10:00 - 11:30	ෝ	ේ	ේ	ෝ	ෝ	ේ	ෝ
	Snorkeling	Snorkeling	Snorkeling	Snorkeling	Snorkeling	Snorkeling	Snorkeling
	(King's VVell)	(King's Well)	(King's VVell)	(King's VVell)	(King's Well)	(King's VVell)	(King's VVell)
11:00 - 12:00	Eggs hunting	Eggs hunting	Eggs hunting	Eggs hunting	Eggs hunting	Eggs hunting	Eggs hunting
	(The Village farm)	(The Village farm)	(The Village farm)	(The Village farm)	(The Village farm)	(The Village farm)	(The Village farm)
14:00 - 14:30	Back neck shoulder workshop (Lobby)	Tote bag painting (\$) (Kid's club)	Back neck shoulder workshop (Lobby)	Stone painting (Kid's club)	Bracelet making (Kid's club)	T-shirt painting (\$) (Kid's club)	Vienamese hat paintin (Nón lá) (\$) (Kid's club)

Summe -

Schedule activities sessions can be changed or canceled with prior notice to insufficient attendees or weather conditions. All the activities required 24 hours booked in advance.

(\$) Activities are chargeable. Boxing class, mindfulness sunset 150,000VND/pax; Painting class 200,000VND/pax; Cupcake class 300,000VND/pax. Private yoga 600,000VND/class (up to 4 people); Private boxing class 300,000VND/class (up to 2 people).



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RESORT ACTIVITIES 2023

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Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
14:30 - 15:00	Aqua Yoga	Singing bowl workshop	Aqua Yoga	Singing bowl workshop	Aqua Yoga	Aqua Yoga	Aqua Yoga
	(Infinity pool)	(Yoga studio)	(Infinity pool)	(Yoga studio)	(Infinity pool)	(Infinity pool)	(Infinity pool)
15:00 - 15:30	Coconut hunting	Coconut hunting	Coconut hunting	Coconut hunting	Coconut hunting	Coconut hunting	Coconut hunting
	(Infinity pool)	(Infinity pool)	(Infinity pool)	(Infinity pool)	(Infinity pool)	(Infinity pool)	(Infinity pool)
15:30 - 16:30	Kayak racing	Traditional fishing	Kayak racing	Traditional fishing	Kayak racing	Traditional fishing	Traditional fishing
	(East beach)	(East beach)	(East beach)	(East beach)	(East beach)	(East beach)	(East beach)
16:00 - 17:00	Wooden painting (Kid's club)	Gỏi cuốn making (Vietnamese sping rolls) (theMARKET)	Napkin folding workshop (theMARKET)	Gỏi cuốn making (Vietnamese sping rolls) (theMARKET)	Beach soccer (West beach)	Napkin folding workshop (theMARKET)	Beach volleyball (West beach)
17:00 - 17:45	Goat & duck feeding	Goat & duck feeding	Goat & duck feeding	Goat & duck feeding	Goat & duck feeding	Goat & duck feeding	Goat & duck feeding
	(The Village farm)	(The Village farm)	(The Village farm)	(The Village farm)	(The Village farm)	(The Village farm)	(The Village farm)
17:30 - 18:00	Mindfulness sunset (\$)	Mindfulness sunset (\$)	Mindfulness sunset (\$)	Mindfulness sunset (\$)	Mindfulness sunset (\$)	Mindfulness sunset (\$)	Mindfulness sunset (\$)
	(Spa balcony)	(Spa balcony)	(Spa balcony)	(Spa balcony)	(Spa balcony)	(Spa balcony)	(Spa balcony)
19:30 - 20:30					Movie night (Sundown bar)		Movie night (Sundown bar)

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Same



